

April 2006 Management Council - Governance Structure Legislation

| Supplement Proposal Number | Title | Status | Source | Effective Date | Intent |
|----------------------------|--|---------------------------|--|----------------|--|
| PC-1 | PLAYING AND PRACTICE SEASONS -- PRESEASON PRACTICE -- MEDICAL EXAMINATIONS | Ready for Convention Vote | NCAA Division III Presidents Council [Management Council (Committee on Competitive Safeguards and Medical Aspects of Sports)]. | August 1, 2007 | To require prospects and student-athletes to undergo a medical examination administered or supervised by a physician prior to initial participation in any practice or competition-related activities; further, to require an interim evaluation each subsequent year, as specified. |

April 2006 Management Council - Governance Structure Legislation

Title: PLAYING AND PRACTICE SEASONS -- PRESEASON PRACTICE -- MEDICAL EXAMINATIONS

Supplement Proposal Number: PC-1

Date Submitted: December 1, 2005

Convention Year: 2007

Status: Ready for Convention Vote

Topical Area: Playing and Practice Seasons

Intent: To require prospects and student-athletes to undergo a medical examination administered or supervised by a physician prior to initial participation in any practice or competition-related activities; further, to require an interim evaluation each subsequent year, as specified.

A. Bylaws: Amend 17.1, pages 126-133, as follows:

"17.1 GENERAL PLAYING-SEASON REGULATIONS

[17.1.1 through 17.1.10 unchanged.]

"17.1.11 Activities Prior to First Practice Date. Prior to participation in any preseason activities, prospects and student-athletes shall undergo a medical examination or evaluation administered or supervised by a physician (e.g., family physician, team doctor, etc.). On initial intercollegiate athletics participation the individual shall undergo a complete medical examination. In subsequent years, the student-athlete shall have an interim evaluation conducted by a physician (e.g., family physician, team doctor, etc.) to determine if additional physical, cardiovascular or neurological examinations are required."

B. Bylaws: Amend 17.11.2, pages 150-151, as follows:

"17.11.2 Preseason Practice

[17.11.2.1 unchanged.]

17.11.2.2 Activities Prior to First Practice Date. Prior to participation in any preseason activities, all prospects and student-athletes shall be required to undergo a medical examination or evaluation administered or supervised by a physician.

[17.11.2.3 through 17.11.2.4 renumbered as 17.11.2.2 through 17.11.2.3 unchanged.]

Rationale: Before student-athletes and prospective student-athletes accept the rigors of organized sport, their health should be evaluated by qualified medical personnel. All

participants have a medical examination upon initial entrance to the sport at the intercollegiate level. During subsequent years, an interim history should be performed during which a physician would determine if additional physical, cardiovascular or neurological examinations are required. Currently, there is an inconsistency as to when athletes receive physicals and variability in the type of exams. This physical examination requirement is currently in place for football and all prospects and student-athletes should have a pre-participation examination. Due to the inconsistency in medical forms used nationwide, it is highly recommended the forms within the "Pre-participation Physical Examination" monograph be used as a minimal standard since the publication has been endorsed by the American Academy of Family Physicians, American Academy of Pediatrics, American College of Sports Medicine, American Medical Society for Sports Medicine and American Osteopathic Academy of Sports Medicine. Each institution should provide its own pre-participation examination form based on these minimal standards, which includes a thorough history, physical examination and screening for cardiovascular conditions.

Source: NCAA Division III Presidents Council [Management Council (Committee on Competitive Safeguards and Medical Aspects of Sports)].

Effective Date: August 1, 2007